

# **The Irish Hospice Foundation**

## **Grief at Work – Workshop**

### **Understanding grief and the impact it can have on staff**

Half-day workshop (3 contact hours – maximum 16 people)

Cost: €500 (plus travel costs for delivery on site)

#### **Who is it for?**

Suitable for managers, human resource personnel and those who play a supportive role to employees in the organisation

#### **Purpose**

The aim of this workshop is to provide participants with an understanding of the impact of loss and grief in the workplace, along with practical tips and skills to build a supportive work environment where people can deal effectively with these realities.

#### **Topics to be covered**

- What is involved in the process of grieving
- Grief and organisational issues
- How grief impacts on employees
- How to support someone at work who is grieving

#### **Outcomes**

At the end of this workshop, participants will have an understanding of:

- The grieving process and how it affects employees
- Organisational roles and responsibilities around grief
- What creates an effective environment for dealing with employee grief (what to say/do).

For further information, contact Breffni McGuinness at the Irish Hospice Foundation, 01-6793188 or email [breffni@hospice-foundation.ie](mailto:breffni@hospice-foundation.ie)